



SEEDS OF SOLIDARITY EDUCATION CENTER.

Cultivating Hope, Education for Change

Friends,

We hope you will join us in a critical effort to provide nourishing food to families facing hunger in Zimbabwe. Before COVID-19, Zimbabwe was already facing dire economic and hunger crises with more than half of the population classified as food insecure. In a predominantly informal economy, most people live from hand to mouth surviving by going out on the streets daily to eke out a living. With the current COVID-19 lockdowns in place without any provisions to help the poor, the most vulnerable now face a double crisis of hunger and COVID-19.

Seeds of Solidarity Education Center is partnering in this food and fundraising effort with Sta Maodzwa. Sta was a mentor in Seeds of Solidarity's youth program while completing the Sustainable Farm and Food Systems program at Greenfield Community College. We have spent many hours of conversation dreaming together as Sta shapes a plan to bring her knowledge and experience back to Zimbabwe to engage women and children in co-creating projects that reclaim skills to grow food to uplift the livelihoods and restore indigenous, traditional diets lost to colonization. Sta's long term plans remain strong and doable, yet this pandemic and political moment in time makes other needs urgent. Immediate needs include getting nourishing food to some of the most vulnerable families in Dzivarasekwa, a township in Harare the capital of Zimbabwe. Your support will help make this possible.

Seeds of Solidarity is accepting tax-deductible contributions with a goal to raise at least \$8000 which will feed 50 families in Zimbabwe over the next few months. Sta is in communication with a small, socially conscious business in Zimbabwe that purchases food from village farmers and creates boxes of local fresh vegetables, protein, and grains to distribute. Most of these go to those with some financial means. But through this project Sta will arrange through social service agencies in Dzivarasekwa, Harare to identify starving families to receive the food boxes that will potentially make the difference between survival or not during COVID-19. Deliveries will be made directly and discreetly to the beneficiaries' homes twice a month for the next few months. Your donation will directly alleviate hunger for families and also support Zimbabwe farmers during this time of great urgency to support those most vulnerable.

\$ 80 will feed a family for a month

\$160 will feed a family for two months

\$800 will feed ten families for a month

It is Sta's intention to work within the Dzivarasekwa community upon her return to Zimbabwe on long term capacity building projects. Sta's dedication to humanity, her intention to restore traditional diets, and commitment to spreading climate resilient, sustainable farming methods such as those she has learned at Seeds of Solidarity is forever nurtured by her matriarchal legacy:

"I am greatly inspired by my mother, my grandmothers and others in my lineage before them who lived life in the true spirit of community where there was shared, and willing cooperation and communities worked towards a shared dignity by lending a hand where possible despite having very little. I believe that in Africa we have a rich legacy of traditional ecological knowledge to be mined for solutions to create radical homegrown possibilities for resilient local food systems and sustainable development that reveres and protects the natural ecosystem"

We hope you will go to <https://seedsofsolidarity.org/make-a-contribution/> and make a secure, tax-deductible contribution today to provide nourishing food to hungry, vulnerable families in Zimbabwe now, while sowing seeds for long-term food resilience efforts. If you prefer to send a check, contact deb@seedsofsolidarity.org. Seeds of Solidarity will not take any overhead from contributions made, directing 100% of all donations to this effort that Sta is coordinating, to go directly to fresh food for those in great need.

Thank you in advance for your generosity. Seeds of Solidarity founders are pleased to make our own personal donation, and we hope you will join us in giving what is possible and meaningful for you to help meet or exceed the goal of \$8,000.

With Deep Gratitude

Sta Maodzwa

Deb Habib and Ricky Baruc, Seeds of Solidarity.



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